



February 2019 High School Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1</p> <p>Beignets & Donuts AND Cereal & Toast AND Grits AND Assorted Fruit Chilled Mandarin Oranges (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>
<p>4</p> <p>Chicken Biscuit AND Sausage Biscuit AND Cereal & Toast AND Grits Assorted Fruit Chilled Pears (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>5</p> <p>Pancakes w/ Sausage Links AND Waffles w/ Sausage Links AND Cereal & Toast AND Grits Assorted Fruit Chilled Applesauce (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>6</p> <p>Scrambled Eggs with Sausage Patty & Toast AND Breakfast Pizza AND Cereal & Toast AND Grits Assorted Fruit Chilled Pineapple (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>7</p> <p>Pancake Wrapped Sausage AND French Toast w/ Sausage Patty AND Cereal & Toast AND Grits Assorted Fruit Chilled Peaches (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>8</p> <p>Beignets & Donuts AND Cereal & Toast AND Grits AND Assorted Fruit Chilled Mandarin Oranges (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>
<p>11</p> <p>Chicken Biscuit AND Sausage Biscuit AND Cereal & Toast AND Grits Assorted Fruit Chilled Pears (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>12</p> <p>Pancakes w/ Sausage Links AND Waffles w/ Sausage Links AND Cereal & Toast AND Grits Assorted Fruit Chilled Applesauce (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>13</p> <p>Scrambled Eggs with Sausage Patty & Toast AND Breakfast Pizza AND Cereal & Toast AND Grits Assorted Fruit Chilled Pineapple (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>14</p> <p>Pancake Wrapped Sausage AND French Toast w/ Sausage Patty AND Cereal & Toast AND Grits Assorted Fruit Chilled Peaches (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>15</p> <p>Beignets & Donuts AND Cereal & Toast AND Grits AND Assorted Fruit Chilled Mandarin Oranges (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>
<p>18</p> <p>Chicken Biscuit AND Sausage Biscuit AND Cereal & Toast AND Grits Assorted Fruit Chilled Pears (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>19</p> <p>Pancakes w/ Sausage Links AND Waffles w/ Sausage Links AND Cereal & Toast AND Grits Assorted Fruit Chilled Applesauce (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>20</p> <p>Scrambled Eggs with Sausage Patty & Toast AND Breakfast Pizza AND Cereal & Toast AND Grits Assorted Fruit Chilled Pineapple (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>21</p> <p>Pancake Wrapped Sausage AND French Toast w/ Sausage Patty AND Cereal & Toast AND Grits Assorted Fruit Chilled Peaches (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>22</p> <p>Beignets & Donuts AND Cereal & Toast AND Grits AND Assorted Fruit Chilled Mandarin Oranges (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>
<p>25</p> <p>Chicken Biscuit AND Sausage Biscuit AND Cereal & Toast AND Grits Assorted Fruit Chilled Pears (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>26</p> <p>Pancakes w/ Sausage Links AND Waffles w/ Sausage Links AND Cereal & Toast AND Grits Assorted Fruit Chilled Applesauce (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>27</p> <p>Scrambled Eggs with Sausage Patty & Toast AND Breakfast Pizza AND Cereal & Toast AND Grits Assorted Fruit Chilled Pineapple (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>28</p> <p>Pancake Wrapped Sausage AND French Toast w/ Sausage Patty AND Cereal & Toast AND Grits Assorted Fruit Chilled Peaches (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	




February 2019 High School LUNCH Menu



Monday Tuesday Wednesday Thursday Friday

				1 Chicken Parmesan Italian Salad Roasted Broccoli Assorted Fruit Fresh Fruit Chilled Applesauce (Sat & Pre-K) Southern Butter Roll Rice Krispie Treat Milk
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4 Lasagna Roasted Broccoli Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Sat & Pre-K) Garlic Roll Milk	5 Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Assorted Fruit Fresh Fruit Chilled Pineapple (Sat & Pre-K) King Cake Milk 新年快樂 Happy Chinese New Year	6 Salisbury Steak Mashed Potatoes w/Gravy Black Eyed Peas Assorted Fruit Fresh Fruit Applesauce(Sat & Pre-K) Southern Butter Roll Milk	7 Chicken and Sausage Gumbo Rice Potato Salad Seasoned Green Peas Assorted Fruit Fresh Fruit Chilled Peaches (Sat & Pre-K) Southern Butter Roll Milk	8 Beef Stew Rice Carrot Soufflé Seasoned or Italian Green Beans Assorted Fruit Fresh Fruit Chilled Tropical Fruit(Sat & Pre-K) Biscuit Brownie Milk
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11 Red or White Beans Chicken Smackers/Sausage Links Rice Roasted Cauliflower Assorted Fruit Fresh Fruit Mandarin Oranges (Sat & Pre-K) Biscuit Milk	12 Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Assorted Fruit Fresh Fruit Chilled Pears (Sat & Pre-K) King Cake Milk Lincoln's Birthday 	13 Meatballs in Red Gravy Spaghetti Broccoli w/Cheese Assorted Fruit Fresh Fruit Chilled Peaches (Sat & Pre-K) Garlic Roll Milk	14 Shepherds Pie Seasoned or Italian Green Beans Assorted Fruit Fresh Fruit Chilled Applesauce (Sat & Pre-K) Southern Butter Roll Milk 	15 Chicken Stew or Chicken Alfredo Rice Glazed Carrots Seasoned Green Peas Assorted Fruit Fresh Fruit Chilled Pineapple (Sat & Pre-K) Southern Butter Roll Cake Milk
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18 Grilled Chicken with BBQ Sauce Macaroni and Cheese Roasted California Blend Baked Beans Assorted Fruit Fresh Fruit Chilled Tropical Fruit (Sat & Pre-K) Biscuit Milk 	19 Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Assorted Fruit Fresh Fruit Chilled Applesauce (Sat & Pre-K) King Cake Milk	20 Chicken and Sausage Gumbo Rice Potato Salad Seasoned Green Peas Assorted Fruit Fresh Fruit Chilled Pears (Sat & Pre-K) Southern Butter Roll Milk Nutrition Day 	21 Meatsauce Spaghetti Creamed Spinach Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Sat & Pre-K) Southern Butter Roll Milk	22 Chicken & Sausage Jambalaya Greenbeans Carrot Soufflé Assorted Fruit Fresh Fruit Chilled Pineapple (Sat & Pre-K) Garlic Roll Cookie Milk
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25 Shrimp and Pasta Seasoned or Italian Green Beans Glazed Carrots Assorted Fruit Fresh Fruit Chilled Pineapple (Sat & Pre-K) Southern Butter Roll Milk	26 Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Assorted Fruit Fresh Fruit Chilled Peaches (Sat & Pre-K) King Cake Milk	27 Red or White Beans Chicken Smackers/Sausage Links Rice Cauliflower w/Cheese Assorted Fruit Fresh Fruit Chilled Pears (Sat & Pre-K) Cornbread Milk	28 Shepherds Pie Seasoned or Italian Green Peas Assorted Fruit Fresh Fruit Chilled Tropical Fruit(Sat & Pre-K) Garlic Roll Milk	
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February 2019 High School Sandwich Menu



Monday	Tuesday	Wednesday	Thursday	Friday
				<p>Calzones (Pepperoni) AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Chicken Smackers AND Roasted Broccoli Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Rice Krispie Treat Southern Butter Roll Milk</p>
<p>4</p> <p>Ham Po-Boy on Bun or Hot Ham w/wo Cheese on Bun or Po-Boy AND Hamburger on Bun w/wo Cheese AND Cheese and Pepperoni Pizza Both AND Chicken Nuggets AND Roasted Broccoli Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Garlic Roll Milk</p>	<p>5</p> <p>Grilled Cheese Sandwich AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Boneless Wings AND Corn Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit King Cake Milk</p> <p>新年快樂 Happy Chinese New Year</p>	<p>6</p> <p>Chicken Patty on Bun AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Chicken Smackers AND Baked Beans Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Southern Butter Roll Milk</p>	<p>7</p> <p>Calzones (Cheese) AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Chicken Nuggets AND Green Peas Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Southern Butter Roll Milk</p>	<p>8</p> <p>Meatball PoBoy AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Chicken Smackers AND Carrot Souffle Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Brownie Biscuit Milk</p>
<p>11</p> <p>Calzones (Pepperoni) AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Chicken Smackers AND Baked Beans Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Biscuit Milk</p>	<p>12</p> <p>Ham Po-boy w/wo Cheese OR Hot Ham w/wo Cheese on Bun or Po-Boy AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Boneless Wings AND Corn Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit King Cake</p> <p>Lincoln's Birthday </p>	<p>13</p> <p>Chicken Patty on Bun AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Chicken Nuggets AND Broccoli w/Cheese Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Garlic Roll Milk</p>	<p>14</p> <p>Sloppy Joe on Bun AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Chicken Smackers AND Seasoned or Italian Green Beans Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Southern Butter Roll Milk</p> <p></p>	<p>15</p> <p>Hot Dog w/wo Chili AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Chicken Nuggets AND Glazed Carrots Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Cake Southern Butter Roll Milk</p>
<p>18</p> <p>Chicken Patty on Bun AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Boneless Wings AND Baked Beans Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Biscuit Milk</p> <p></p>	<p>19</p> <p>Grilled Cheese Sandwich AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Chicken Nuggets AND Corn Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit King Cake Milk</p>	<p>20</p> <p>Calzones (Cheese) AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Chicken Smackers AND Green Peas Tots/Shoestring/Crinkle or Smiles Lettuce/ Tomato/Pickles Assorted Fruit Fresh Fruit Southern Butter Roll Milk</p> <p>Nutrition Day Sugar Snap Peas </p>	<p>21</p> <p>Meatball PoBoy AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Chicken Nuggets AND Creamed Spinach Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickles Assorted Fruit Fresh Fruit Southern Butter Roll Milk</p>	<p>22</p> <p>Ham Po-boy w/wo Cheese OR Hot Ham w/wo Cheese on Bun or Po-Boy AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Chicken Smackers AND Carrot Souffle Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickles Assorted Fruit Fresh Fruit Cookie Garlic Roll Milk</p>
<p>25</p> <p>Sloppy Joe on Bun AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Chicken Nuggets AND Glazed Carrots Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Southern Butter Roll Milk</p>	<p>26</p> <p>Ham Po-boy w/wo Cheese OR Hot Ham w/wo Cheese on Bun or Po-Boy AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Chicken Smackers AND Corn Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit King Cake Milk</p>	<p>27</p> <p>Grilled Cheese Sandwich AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Boneless Wings AND Cauliflower with Cheese Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Cornbread Milk</p>	<p>28</p> <p>Chicken Patty on Bun AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Chicken Nuggets AND Baked Beans Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Garlic Roll Milk</p>	