

November 2018 High School Breakfast Menu







Monday	Tuesday	Wednesday	Thursday	Friday
			<p>1</p> <p>Pancake Wrapped Sausage AND French toast w/ Sausage Patty AND Cereal & Toast AND Grits Assorted Fruit Chilled Peaches (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p> 	<p>2</p> <p>Beignets & Donuts AND Cereal & Toast AND Grits AND Assorted Fruit Chilled Mandarin Oranges (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>
<p>5</p> <p>Chicken Biscuit AND Sausage Biscuit AND Cereal & Toast AND Grits Assorted Fruit Chilled Pears (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>6</p> <p>Pancakes w/ Sausage Links AND Waffles w/ Sausage Links AND Cereal & Toast AND Grits Assorted Fruit Chilled Applesauce (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>7</p> <p>Scrambled Eggs with Sausage Patty & Toast AND Breakfast Pizza AND Cereal & Toast AND Grits Assorted Fruit Chilled Strawberries (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>8</p> <p>Pancake Wrapped Sausage AND French toast w/ Sausage Patty AND Cereal & Toast AND Grits Assorted Fruit Chilled Peaches (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>9</p> <p>Beignets & Donuts AND Cereal & Toast AND Grits AND Assorted Fruit Chilled Mandarin Oranges (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>
<p>12</p> <p>Chicken Biscuit AND Sausage Biscuit AND Cereal & Toast AND Grits Assorted Fruit Chilled Pears (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>13</p> <p>Pancakes w/ Sausage Links AND Waffles w/ Sausage Links AND Cereal & Toast AND Grits Assorted Fruit Chilled Applesauce (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>14</p> <p>Scrambled Eggs with Sausage Patty & Toast AND Breakfast Pizza AND Cereal & Toast AND Grits Assorted Fruit Chilled Strawberries (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>15</p> <p>Pancake Wrapped Sausage AND French toast w/ Sausage Patty AND Cereal & Toast AND Grits Assorted Fruit Chilled Peaches (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>16</p> <p>Beignets & Donuts AND Cereal & Toast AND Grits AND Assorted Fruit Chilled Mandarin Oranges (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>
<p>19</p> <p>Chicken Biscuit AND Sausage Biscuit AND Cereal & Toast AND Grits Assorted Fruit Chilled Pears (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>20</p> <p>Pancakes w/ Sausage Links AND Waffles w/ Sausage Links AND Cereal & Toast AND Grits Assorted Fruit Chilled Applesauce (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>21</p> <p>Scrambled Eggs with Sausage Patty & Toast AND Breakfast Pizza AND Cereal & Toast AND Grits Assorted Fruit Chilled Strawberries (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>22</p> <p>HAPPY THANKSGIVING</p> 	<p>23</p> <p>SCHOOL CLOSED</p>
<p>26</p> <p>Chicken Biscuit AND Sausage Biscuit AND Cereal & Toast AND Grits Assorted Fruit Chilled Pears (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>27</p> <p>Pancakes w/ Sausage Links AND Waffles w/ Sausage Links AND Cereal & Toast AND Grits Assorted Fruit Chilled Applesauce (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>28</p> <p>Scrambled Eggs with Sausage Patty & Toast AND Breakfast Pizza AND Cereal & Toast AND Grits Assorted Fruit Chilled Strawberries (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>29</p> <p>Pancake Wrapped Sausage AND French toast w/ Sausage Patty AND Cereal & Toast AND Grits Assorted Fruit Chilled Peaches (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>30</p> <p>Beignets & Donuts AND Cereal & Toast AND Grits AND Assorted Fruit Chilled Mandarin Oranges (Sat) Fresh Fruit Potato Rounds Tomato Juice Milk</p>



November 2018 High School Lunch Menu





Monday	Tuesday	Wednesday	Thursday	Friday
			<p>1</p> <p>Red or White Beans Chicken Smackers/Sausage Links Rice Popeye Salad Fresh Fruit Assorted Fruit Chilled Strawberries (Sat & Pre-K) Cornbread Milk</p> 	<p>2</p> <p>Chicken and Sausage Gumbo Rice Potato Salad Seasoned Green Peas Fresh Fruit Assorted Fruit Chilled Pears (Sat & Pre-K) Southern Butter Roll Cookie Milk</p>
<p>5</p> <p>Chicken & Sausage Jambalaya Seasoned or Italian Green Beans Glazed Carrots Fresh Fruit Assorted Fruit Chilled Strawberries (Sat & Pre-K) Southern Butter Roll Milk</p>	<p>6</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Fresh Fruit Assorted Fruit Chilled Peaches (Pre-K) Cinnamon Roll Milk</p>	<p>7</p> <p>Lasagna Creamed Spinach Fresh Fruit Assorted Fruit Chilled Mandarin Oranges (Sat & Pre-K) Garlic Roll Milk</p>	<p>8</p> <p>Red or White Beans Chicken Smackers/Sausage Links Rice Cauliflower w/Cheese Fresh Fruit Assorted Fruit Chilled Pears (Sat & Pre-K) French Bread Milk</p>	<p>9</p> <p>Shrimp Archie w/ Rotini Pasta Italian Salad Seasoned or Italian Green Beans Fresh Fruit Assorted Fruit Chilled Tropical Fruit (Sat & Pre-K) Southern Butter Roll Rice Krispie Treat Milk</p>
<p>12</p> <p>Beef Stew Rice Carrot Soufflé Seasoned or Italian Green Beans Fresh Fruit Assorted Fruit Chilled Pineapple (Sat & Pre-K) Southern Butter Roll Milk</p>	<p>13</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Fresh Fruit Assorted Fruit Chilled Mandarin Oranges (Pre-K) Cinnamon Roll Milk</p>	<p>14</p> <p>Meatsauce Spaghetti Broccoli w/Cheese Fresh Fruit Assorted Fruit Chilled Pears (Sat & Pre-K) Garlic Roll Milk</p> <p>Nutrition Day</p>  <p>Mushrooms</p>	<p>15</p> <p>Red or White Beans Chicken Smackers/Sausage Links Rice Caesar Salad Fresh Fruit Assorted Fruit Chilled Applesauce (Sat & Pre-K) Cornbread Milk</p>	<p>16</p> <p>THANKSGIVING LUNCH Turkey Roast with gravy Rice or Cornbread Dressing Sweet Potato Casserole Seasoned Green Peas Assort Fruit Chilled Peaches (Pre-K & Sat) Southern Butter Roll Brownie Milk</p> 
<p>19</p> <p>Chicken Alfredo or Chicken Stew w/Rice Glazed Carrots Seasoned Green Peas Fresh Fruit Assorted Fruit Chilled Applesauce (Sat & Pre-K) Southern Butter Roll Milk</p>	<p>20</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Fresh Fruit Assorted Fruit Chilled Pears (Sat & Pre-K) Cinnamon Roll Milk</p>	<p>21</p> <p>Meatballs in Red Gravy Spaghetti Broccoli w/Cheese Fresh Fruit Assorted Fruit Chilled Peaches (Sat & Pre-K) Garlic Roll Milk</p>	<p>22</p> <p>HAPPY THANKSGIVING</p> 	<p>23</p> <p>SCHOOL CLOSED</p>
<p>26</p> <p>Salisbury Steak Mashed Potatoes w/Gravy Carrot Soufflé Fresh Fruit Assorted Fruit Chilled Pineapple (Sat & Pre-K) Southern Butter Roll Milk</p>	<p>27</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Fresh Fruit Assorted Fruit Chilled Mandarin Oranges (Sat & Pre-K) Cinnamon Roll Milk</p>	<p>28</p> <p>Meatsauce Spaghetti Cauliflower w/Cheese Fresh Fruit Assorted Fruit Chilled Applesauce (Sat & Pre-K) Garlic Roll Milk</p>	<p>29</p> <p>Red or White Beans Chicken Smackers/Sausage Links Rice Popeye Salad Fresh Fruit Assorted Fruit Chilled Strawberries (Sat & Pre-K) Cornbread Milk</p>	<p>30</p> <p>Chicken and Sausage Gumbo Rice Potato Salad or Fried Okra Seasoned Green Peas Fresh Fruit Assorted Fruit Chilled Pears (Sat & Pre-K) Southern Butter Roll Cookie Milk</p>



November 2018 High School Sandwich Menu



Monday	Tuesday	Wednesday	Thursday	Friday
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			<p>1</p> <p>Hot Dog w/wo Chili AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Chicken Nuggets AND Baked Beans Popeye Salad Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickles Assorted Fruit Fresh Fruit Cornbread Milk</p> 	<p>2</p> <p>Ham Po-boy w/wo Cheese OR Hot Ham w/wo Cheese on Bun or Po-Boy AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Chicken Smackers AND Seasoned Green Peas Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickles Assorted Fruit Fresh Fruit Cookie Southern Butter Roll Milk</p>
<p>5</p> <p>Hot Dog w/wo Chili AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Chicken Nuagets AND Glazed Carrots Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Southern Butter Roll Milk</p>	<p>6</p> <p>Ham Po-boy w/wo Cheese OR Hot Ham w/wo Cheese on Bun or Po-Boy AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Chicken Smackers AND Corn Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Cinnamon Roll Milk</p>	<p>7</p> <p>Grilled Cheese Sandwich AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Boneless Wings AND Creamed Spinach Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Garlic Roll Milk</p>	<p>8</p> <p>Breaded Chicken Patty AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Chicken Nuagets AND Baked Beans Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit French Bread Milk</p>	<p>9</p> <p>Calzones (Pepperoni) AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Chicken Smackers AND Seasoned or Italian Green Beans Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Rice Krispie Treat Southern Butter Roll Milk</p>
<p>12</p> <p>Ham Po-Boy on Bun or Hot Ham w/wo Cheese on Bun or Po-Boy AND Hamburger on Bun w/wo Cheese AND Cheese and Pepperoni Pizza Both AND Chicken Nuagets AND Carrot Soufflé Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Southern Butter Roll Milk</p>	<p>13</p> <p>Grilled Cheese Sandwich AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Boneless Wings AND Corn Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Cinnamon Roll Milk</p>	<p>14</p> <p>Breaded Chicken (Spicy) Patty on Bun AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Chicken Smackers AND Broccoli w/Cheese Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Garlic Roll Milk</p> <p style="text-align: center;">Nutrition Day</p>  <p style="text-align: center;">Mushrooms</p>	<p>15</p> <p>Calzones (Cheese) AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Chicken Nuagets AND Baked Beans Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Cornbread Milk</p>	<p>16</p> <p>Hot Dog w/wo Chili AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Chicken Smackers AND Seasoned Green Peas Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Brownie Southern Butter Roll Milk</p>
<p>19</p> <p>Calzones (Pepperoni) AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Chicken Smackers AND Glazed Carrots Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Southern Butter Roll Milk</p>	<p>20</p> <p>Ham Po-boy w/wo Cheese OR Hot Ham w/wo Cheese on Bun or Po-Boy AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Boneless Wings AND Corn Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Cinnamon Roll Milk</p>	<p>21</p> <p>Breaded Chicken (Spicy) Patty on Bun AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Chicken Nuagets AND Broccoli w/Cheese Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Garlic Roll Milk</p>	<p>22</p> <p style="text-align: center;">HAPPY THANKSGIVING</p> 	<p>23</p> <p style="text-align: center;">SCHOOL CLOSED</p>
<p>26</p> <p>Breaded Chicken (Spicy) Patty on Bun AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Boneless Wings AND Carrot Soufflé Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Southern Butter Roll Milk</p>	<p>27</p> <p>Grilled Cheese Sandwich AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Chicken Nuagets AND Corn Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Cinnamon Roll Milk</p>	<p>28</p> <p>Calzones (Cheese) AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Chicken Smackers AND Cauliflower & Cheese Tots/Shoestring/Crinkle or Smiles Lettuce/ Tomato/Pickles Assorted Fruit Fresh Fruit Garlic Roll Milk</p>	<p>29</p> <p>Hot Dog w/wo Chili AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Chicken Nuagets AND Baked Beans Popeye Salad Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickles Assorted Fruit Fresh Fruit Cornbread Milk</p>	<p>30</p> <p>Ham Po-boy w/wo Cheese OR Hot Ham w/wo Cheese on Bun or Po-Boy AND Hamburger on Bun w/wo Cheese AND Cheese & Pepperoni Pizza Both AND Chicken Smackers AND Seasoned Green Peas Tots/Shoestring/Crinkle or Smiles Lettuce/Tomato/Pickles Assorted Fruit Fresh Fruit Cookie Southern Butter Roll Milk</p>