




October 2020 Elementary Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			<p>Meatsauce & Spaghetti Creamed Spinach</p> <p>Fresh Fruit Chilled Pears (Pre-K & Sat) Garlic Roll Milk</p> <p>MOZZAERLLA STICKS</p>	<p>Pepperoni or Cheese Pizza Golden Corn FRIES</p> <p>Fresh Fruit Chilled Peaches (Pre-K & Sat) Cake Milk</p> <p>SOUTHWEST CHICKEN PITA</p>
<p>Salisbury Steak Mashed Potatoes w/ Gravy SEASONED GREENBEANS</p> <p>Fresh Fruit Chilled Applesauce (Pre-K & Sat) SOUTHERN BUTTER ROLL Milk</p> <p>CHEESE OR PEPPERONI PIZZA</p>	<p>Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn</p> <p>Fresh Fruit Chilled Pears Cinnamon Stick Milk</p> <p>WHITE GRILLED CHEESE</p>	<p><u>Brunch for Lunch</u> Pancakes Sausage Patty Tator Tots</p> <p>Fresh or Steamed Baby Carrots</p> <p>AND</p> <p>Fresh Fruit Chilled Strawberries (Pre-K & Sat) Milk</p> <p>SPICY OR BREADED CHICKEN ON BUN</p>	<p>Fish Treasures White Beans with Rice</p> <p>Fresh Fruit Mandarin Oranges (Pre-K & Sat) CORNBREAD Milk</p> <p>CHEESE OR HAMBURGER ON BUN</p>	<p>Meatballs and Spaghetti Broccoli with Cheese Assorted Fruit Fresh Fruit Chilled Peaches (Pre-K&Sat) Garlic Roll Brownie Milk</p>
<p>RED BEANS</p> <p>Rice Chicken Smackers/Sausage Links CARROT SOUFFLE</p> <p>Fresh Fruit Mandarin Oranges (Pre-K & Sat) CORNBREAD Milk</p> <p>FRIED CHICKEN TENDERS</p>	<p>Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn</p> <p>Fresh Fruit Chilled Pears Cinnamon Roll Milk</p> <p>CHEESE OR PEPPERONI PIZZA</p>	<p>Chicken Fajita Alfredo Pasta</p> <p>SEASONED GREENBEANS</p> <p>Fresh Fruit Chilled Strawberries (Pre-K & Sat) SOUTHERN BUTTER ROLL Milk</p> <p>Nutrition Day Asparagus</p> <p>BACON CHEESE BURGER</p>	<p>Chicken Nuggets Baked Macaroni and Cheese Pasta</p> <p>GLAZED CARROTS</p> <p>Fresh Fruit Chilled Pineapples (Pre-K & Sat) FRENCHBREAD Milk</p> <p>MINI CORNDOGS</p>	<p>Italian Bake Pasta</p> <p>Steamed Broccoli</p> <p>Fresh Fruit Chilled Peaches(Pre-K & Sat) Garlic Roll Cookie Milk</p> <p>GENERAL TSO CHICKEN</p>
<p>Sweet Heat Meatballs Macaroni & Cheese Baked Beans</p> <p>Assorted Fruit Fresh Fruit Chilled Applesauce (Pre-K & Sat) SOUTHERN BUTTER ROLL Milk</p> <p>CHEESE OR HAMBURGER ON BUN</p>	<p>Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn</p> <p>Fresh Fruit Chilled Peaches Cinnamon Stick Milk</p> <p>CHICKEN TENDERS</p>	<p>Chicken Parmesan with Pasta Caesar Salad Assorted Fruit Fresh Fruit Chilled Strawberries (Pre-K&Sat) Garlic Roll Milk</p> <p>CHICKEN NUGGETS</p>	<p>Loaded Nacho Supreme Bowl Shred Lettuce & Tomatoes(optional) Golden Corn Assorted Fruit Fresh Fruit Chilled Pears (Pre-K & Sat) Milk</p> <p>Pre-K Option Only Chicken Nuggets SMILES</p> <p>CHEESE OR PEPPERONI PIZZA</p>	<p>Salisbury Steak Mashed Potatoes CARROT SOUFFLE</p> <p>Fresh Fruit Chilled Pineapples (Pre-K & Sat) SOUTHER BUTTER ROLL Rice Krispie Treat Milk</p> <p>SPICY OR BREADED CHICKEN ON BUN</p>
<p>Jamaican Jerk Grilled Chicken Macaroni & Cheese Glazed Carrots</p> <p>Fresh Fruit Chilled Applesauce (Pre-K & Sat) SOUTHERN BUTTER ROLL Milk</p> <p>CHICKEN NUGGETS</p>	<p>Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn</p> <p>Fresh Fruit Chilled Mandarin Oranges Cinnamon Roll Milk</p> <p>YELLOW GRILLED CHEESE</p>	<p>RED BEANS</p> <p>Rice Chicken Smackers/Sausage Links</p> <p>Fresh Fruit Chilled Strawberries (Pre-K & Sat) CORNBREAD Milk</p> <p>SPICY OR BREADED CHICKEN ON BUN</p>	<p>Meatsauce & Spaghetti Creamed Spinach Assorted Fruit Fresh Fruit Chilled Pears (Pre-K & Sat) Garlic Roll Milk</p> <p>MOZZARELLA STICKS</p>	<p>Pepperoni or Cheese Pizza Golden Corn Tots/Shoestring/Crinkle/Smiles Assorted Fruit Fresh Fruit Chilled Peaches (Pre-K & Sat) Cake Milk</p> <p></p> <p>SOUTHWEST CHICKEN PITA</p>