October 2021
Elementary Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Meatsauce & Spaghetti Broccoli & Cheese Chilled Peaches (PK & Sat) Cake Garlic Roll Milk *GENERAL TSO CHICKEN*
4 Sweet Heat Grilled Chicken Macaroni & Cheese Carrot Souffle Baked Beans APPLESAUCE Southern Butter Roll Milk WHITE GRILLED CHEESE	5 **Loaded Nacho Supreme Bowl*** Supreme Nacho Cheese Nacho Chips Shredded Lettuce & Tomatoes Golden Corn Fresh Fruit Chilled Pears Cinnamon Stick Milk *CHEESE OR HAMBURGER ON BUN*	6 **Brunch for Lunch** Pancakes Sausage Patty Tator Tots Grits BABY CARROTS Chilled Strawberries (PK & Sat) Milk SPICY OR BREADED CHICKEN	7 Meatballs & Spaghetti Caesar Salad Mandarin Oranges (PK & Sat) Garlic Roll Milk CHICKEN TENDERS	8
11	12 Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Chilled Pears Cinnamon Roll Milk *CHEESE OR PEPPERONI PIZZA*	13 Chicken Alfredo Penne Spring Mix Salad Steamed Cauliflower Chilled Strawberries (PK & Sat) Southern Butter Roll Milk **Nutrition Day** Pumpkin CHICKEN TENDERS	14 Italian Bake Pasta California Mixed Vegetables SEASONED GREENBEANS Chilled Pineapples (PK & Sat) Garlic Roll Cookie Milk **National Dessert Day** BACON CHEESE BURGER	15 **SFNS Popcorn Chicken Bowl*** Chicken Smackers Mashed Potatoes with Gravy Golden Corn Shredded Cheese Chilled Peaches (PK & Sat) French Bread Milk MOZZERALLA STICKS
18 Sweet Heat Meatballs Macaroni & Cheese Baked Beans SEASONED GREENBEANS Chilled Applesauce (PK & Sat) Southern Butter Roll Milk WHITE GRILLED CHEESE	19 **Southwest Bowl*** Fajita Chicken Southwest Rice Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Chilled Peaches Cinnamon Stick Milk CHICKEN TENDERS	20 Chicken Parmesan with Pasta Caesar Salad Chilled Strawberries (PK & Sat) Garlic Roll Milk CHICKEN NUGGETS	21 Salisbury Steak Mashed Potatoes with Gravy Glazed Carrots Chilled Pears (PK & Sat) Southern Butter Roll Milk National Apple Day CHEESE OR HAMBURGER	22 Chicken & Sausage Jambalaya Roasted Broccoli Caulifower with Cheese Chilled Pineapples (PK & Sat) French Bread Rice Krispies Treat Milk SPICY OR BREADED CHICKEN
25 **Asian Bowl*** General Tso Chicken Smackers Fried Rice Steamed Broccoli Steamed Cauliflower Chilled Applesauce (PK & Sat) Southern Butter Roll Milk ***CHEESE OR PEPPERONI PIZZA***	26 Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Chilled Mandarin Oranges Cinnamon Roll Milk *YELLOW GRILLED CHEESE*	27 Red Beans Rice SMACKER OR SAUSAGE Creamed Spinach Chilled Strawberries (PK & Sat) French Bread Milk SPICY OR BREADED CHICKEN	28 Fried Chicken (Leg) Dirty Rice SEASONED GREENBEANS Glazed Carrots Chilled Pears (PK & Sat) Southern Butter Roll Milk *HOT DOGS WITH CHILIL*	29 Meatsauce & Spaghetti Broccoli & Cheese PEACHES Cake Garlic Roll Milk *TENDERS*