




September 2019 Elementary Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p>SCHOOL'S CLOSED</p> 	SCHOOL'S CLOSED	<p><u>Brunch for Lunch</u> Biscuit Scrambled Eggs Sausage Patty Tator Tots Grits Fresh Baby Carrots AND Assorted Fruit Fresh Fruit Chilled Peaches(Pre-K & Sat) Milk</p>	<p>Fried Catfish White Beans with Rice Caesar Salad Assorted Fruit Fresh Fruit Frenchbread Milk</p> <p><i>Pre-K to 4th will get choice menu</i> Hamburger on Bun w/wo Cheese Shredded Lettuce/Tomato/Pickle Baked Beans Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K) Milk</p>	<p>Shepherd's Pie Roasted Broccoli Assorted Fruit Fresh Fruit Chilled Pineapples (Pre-K) Biscuit Brownie Milk</p>
<p>Red Beans (Chicken Smackers for Pre-K only) Rice Chicken Smackers/Sausage Links Carrot Souffle Assorted Fruit Fresh Fruit Mandarin Oranges (Pre-K) Cornbread Milk</p>	<p>Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Assorted Fruit Fresh Fruit Banana (Pre-K) Cinnamon Roll Milk</p>	<p>Spicy Chicken Sandwich</p> <p>Chicken & Sausage Gumbo Steamed Rice Potato Salad Glazed Carrots Assorted Fruit Fresh Fruit Chilled Applesauce (Pre-K) Southern Butter Roll Milk</p>	<p>Shrimp Boil with Sausage & Potatoes Corn on the Cob Assorted Fruit Fresh Fruit Chilled Pineapples (Pre-K) French Bread Milk</p>	<p>Boneless Wings</p> <p>Italian Baked Pasta Roasted Cauliflower Roasted Broccoli Assorted Fruit Fresh Fruit Chilled Peaches(Pre-K) Garlic Roll Cookie Milk</p>
Sloppy Joe on Bun	Pizza	Hamburger on Bun w/wo Cheese	White Grilled Cheese Sandwich w/ Soup	General Tso Chicken Smackers
<p>Chicken & Sausage Jambalaya (Oven Recipe) White Beans Brussel Sprouts Assorted Fruit Fresh Fruit Chilled Applesauce (Pre-K) Cornbread Milk</p>	<p>Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Assorted Fruit Fresh Fruit Banana (Pre-K) Cinnamon Roll Milk</p>	<p>Shrimp Pasta Carrot Souffle Seasoned Greenbeans Assorted Fruit Fresh Fruit Chilled Pears (Pre-K) Frenchbread Milk</p> <p>NUTRITION DAY: TUSCAN KALE </p>	<p>Chicken Parmesan with Spaghetti Caesar Salad Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K) Garlic Roll Milk</p>	<p>Beef Stew Steamed Rice Seasoned Greenpeas Roasted California Blend Assorted Fruit Fresh Fruit Southern Butter Roll Rice Krispie Treat Milk</p> <p><i>Pre-K to 4th will get choice menu</i> Chicken Patty on Bun Shredded Lettuce/Tomato/Pickle Shoestring Fries, Assorted Fruit Fresh Fruit, Chilled Pineapple(Pre-K) Rice Krispie Treat and Milk</p>
Hamburger on Bun w/wo Cheese	Chicken Tenders	Loaded Nacho Supreme Bowl	Pizza	Rice Krispie Treat and Milk
<p>Jamaican Jerk Grilled Chicken Macaroni & Cheese Glazed Carrots Roasted Cauliflower Assorted Fruit Fresh Fruit Chilled Applesauce (Pre-K) Southern Butter Roll Milk</p>	<p>Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Assorted Fruit Fresh Fruit Banana (Pre-K) Cinnamon Roll Milk</p>	<p>Red Beans (Chicken Smackers for Pre-K only) Rice Chicken Smackers/Sausage Links Brussel Sprouts Assorted Fruit Fresh Fruit Chilled Pears (Pre-K) Cornbread Milk</p>	<p>Meatballs & Spaghetti Creamed Spinach Assorted Fruit Fresh Fruit Chilled Pineapples (Pre-K) Garlic Roll Milk</p>	<p>Chicken & Sausage Gumbo Steamed Rice Seasoned Greenbeans Potato Salad Assorted Fruit Fresh Fruit Chilled Peaches (Pre-K) Biscuit Cake Milk</p>
Sloppy Joe on Bun	Yellow Grilled Cheese Sandwich	Hamburger on Bun w/wo Cheese	Creamy Ranch Chicken Pita Pocket	Pizza
<p>Salisbury Steak Mashed Potatoes w/ Gravy Glazed Carrots Assorted Fruit Fresh Fruit Chilled Applesauce (Pre-K) Southern Butter Roll Milk</p>				
Tex-Mex Melt				

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HAPPY LABOR DAY





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September 2019 Elementary Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p>SCHOOL'S CLOSED</p> 	SCHOOL'S CLOSED	<p>Scrambled Eggs with Sausage Patty & Toast AND Cereal & Toast AND Grits Assorted Fruit Chilled Pineapples (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>Pancake Wrapped Sausage AND Cereal & Toast AND Grits Assorted Fruit Chilled Peaches (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk</p>	<p>Beignets & Donuts AND Grilled Cheese Triangle (Pre-K) AND Cereal & Toast AND Grits Assorted Fruit Chilled Mandarin Oranges (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk</p>
<p>Chicken Biscuit AND Cereal & Toast AND Grits Assorted Fruit Chilled Pears (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>Pancakes w/ Sausage Patty AND Cereal & Toast AND Grits Assorted Fruit Chilled Applesauce (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk</p>	<p>Breakfast Pizza AND Cereal & Toast AND Grits Assorted Fruit Chilled Pineapple (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>French Toast w/ Sausage Patty AND Cereal & Toast AND Grits Assorted Fruit Chilled Peaches (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk</p>	<p>Beignets & Donuts AND Grill Cheese Triangle (Pre-K) AND Cereal & Toast AND Grits Assorted Fruit Chilled Mandarin Oranges (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk</p>
<p>Sausage Biscuit AND Cereal & Toast AND Grits Assorted Fruit Chilled Pears (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>Waffle w/ Sausage Patty AND Cereal & Toast AND Grits Assorted Fruit Chilled Applesauce (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk</p>	<p>Scrambled Eggs with Sausage Patty & Toast AND Cereal & Toast AND Grits Assorted Fruit Chilled Pineapples (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk</p> <p>NUTRITION DAY: TUSCAN KALE </p>	<p>Pancake Wrapped Sausage AND Cereal & Toast AND Grits Assorted Fruit Chilled Peaches (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk</p>	<p>Beignets & Donuts AND Grilled Cheese Triangle (Pre-K) AND Cereal & Toast AND Grits Assorted Fruit Chilled Mandarin Oranges (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk</p>
<p>Chicken Biscuit AND Cereal & Toast AND Grits Assorted Fruit Chilled Pears (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>Pancakes w/ Sausage Patty AND Cereal & Toast AND Grits Assorted Fruit Chilled Applesauce (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk</p>	<p>Breakfast Pizza AND Cereal & Toast AND Grits Assorted Fruit Chilled Pineapple (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>French Toast w/ Sausage Patty AND Cereal & Toast AND Grits Assorted Fruit Chilled Peaches (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk</p>	<p>Beignets & Donuts AND Grill Cheese Triangle (Pre-K) AND Cereal & Toast AND Grits Assorted Fruit Chilled Mandarin Oranges (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk</p>
<p>Sausage Biscuit AND Cereal & Toast AND Grits Assorted Fruit Chilled Pears (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk</p>				

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