



October 2019 Elementary Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Assorted Fruit Fresh Fruit Chilled Pears (Pre-K & Sat) Cinnamon Roll Milk</p> <p>HOT HAM AND CHEESE</p>	<p><u>Brunch for Lunch</u> Pancakes Sausage Patty Tator Tots Grits Fresh Baby Carrots AND Assorted Fruit Fresh Fruit Chilled Peaches(Pre-K & Sat) Milk</p> <p>SPICY OR BREADED CHICKEN ON BUN</p>	<p>Fried Catfish White Beans with Rice Caesar Salad Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K & Sat) Frenchbread Milk</p> <p>CHEESE OR HAMBURGER ON BUN</p>	<p>Shepherd's Pie Roasted Broccoli Assorted Fruit Fresh Fruit Chilled Pineapples (Pre-K & Sat) Biscuit Brownie Milk</p> <p>BONELESS WINGS</p>
<p>RED BEANS</p> <p>Rice Chicken Smackers/Sausage Links Carrot Souffle Assorted Fruit Fresh Fruit Mandarin Oranges (Pre-K & Sat) Combread Milk SLOPPY JOE ON BUN</p>	<p>Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Assorted Fruit Fresh Fruit Chilled Pears (Pre-K & Sat) Cinnamon Roll Milk</p> <p>CHEESE OR PEPPERONI PIZZA</p>	<p>Chicken & Sausage Gumbo Steamed Rice Potato Salad Glazed Carrots Assorted Fruit Fresh Fruit Chilled Applesauce (Pre-K & Sat) Southern Butter Roll Milk</p> <p>CHEESE OR HAMBURGER ON BUN</p>	<p>Shrimp Boil with Dutch Potatoes Corn on the Cob Assorted Fruit Fresh Fruit Chilled Pineapples (Pre-K & Sat) French Bread Milk</p> <p>WHITE GRILLED CHEESE WITH CHICKEN NOODLE SOUP</p>	<p>Lasagna Roasted Broccoli Assorted Fruit Fresh Fruit Chilled Peaches(Pre-K & Sat) Garlic Roll Cookie Milk</p> <p>GENERAL TSO CHICKEN SMACKERS</p>
<p>Chicken & Sausage Jambalaya (Oven Recipe) White Beans Brussel Sprouts Assorted Fruit Fresh Fruit Chilled Applesauce (Pre-K & Sat) Combread Milk</p> <p>CHEESE OR HAMBURGER ON BUN</p>	<p>Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Assorted Fruit Fresh Fruit Chilled Peaches (Pre-K & Sat) Cinnamon Roll or Cinnamon Stick Milk</p> <p>CHICKEN TENDERS</p>	<p>Shrimp Pasta Carrot Souffle SEASONED GREEN BEANS Assorted Fruit Fresh Fruit Chilled Pears (Pre-K & Sat) Frenchbread Milk</p> <p><small>Nutrition Day Banana Peppers</small></p> <p>LOADED NACH BOWL</p>	<p>Chicken Parmesan with Pasta Caesar Salad Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K & Sat) Garlic Roll Milk</p> <p>CHEESE OR PEPPERONI PIZZA</p>	<p>Beef Stew Steamed Rice Seasoned Green Peas Roasted California Blend Assorted Fruit Fresh Fruit Chilled Pineapples (Pre-K & Sat) Southern Butter Roll Rice Krispie Treat Milk</p> <p>SPICY OR BREADED CHICKEN ON BUN</p>
<p>Sweet Baby Ray's Backyard BBQ Grilled Chicken Macaroni & Cheese Glazed Carrots Roasted Cauliflower Assorted Fruit Fresh Fruit Chilled Applesauce (Pre-K & Sat) Southern Butter Roll Milk</p> <p>SLOPPY JOE ON BUN</p>	<p>Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K & Sat) Cinnamon Roll Milk</p> <p>YELLOW GRILLED CHEESE</p>	<p>RED BEANS</p> <p>Rice Chicken Smackers/Sausage Links Brussel Sprouts Assorted Fruit Fresh Fruit Chilled Pears (Pre-K & Sat) Combread Milk</p> <p>CHEESE OR HAMBURGER ON BUN</p>	<p>Meatsauce and Spaghetti Creamed Spinach Assorted Fruit Fresh Fruit Chilled Pineapples (Pre-K & Sat) Garlic Roll Milk</p> <p>CREAMY RANCH CHICKEN PITA POCKET</p>	<p>Chicken & Sausage Gumbo Steamed Rice SEASONED GREEN BEANS Potato Salad Assorted Fruit Fresh Fruit Chilled Peaches (Pre-K & Sat) Biscuit Cake Milk</p> <p>CHEESE OR PEPPERONI PIZZA</p>
<p>Salisbury Steak Mashed Potatoes w/ Gravy Glazed Carrots Assorted Fruit Fresh Fruit Chilled Applesauce (Pre-K & Sat) Southern Butter Roll Milk</p> <p>TEX-MEX MELT</p>	<p>Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Assorted Fruit Fresh Fruit Chilled Pears (Pre-K & Sat) Cinnamon Roll Milk</p> <p>HOT HAM ACD CHEESE</p>	<p><u>Brunch for Lunch</u> Biscuit Scrambled Eggs Sausage Patty Tator Tots Grits Fresh Baby Carrots AND Assorted Fruit Fresh Fruit Chilled Peaches(Pre-K & Sat) Milk</p> <p>BREADED OR SPICY CHICKEN ON BUN</p>	<p>Fried Catfish White Beans with Rice Caesar Salad Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K & Sat) Frenchbread Milk</p> <p>HAPPY HALLOWEEN </p> <p>CHEESE OR HAMBURGER ON BUN</p>	<p>NATIONAL SCHOOL LUNCH WEEK OCTOBER 14-18, 2019</p> 