

# August 2019 Elementary Lunch Cycle Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2 Chicken & Sausage Gumbo Seasoned Greenbeans Potato Salad Assorted Fruit Fresh Fruit Biscuit Cake Milk
5 Salisbury Steak Mashed Potatoes w/ Gravy Glazed Carrots Assorted Fruit Fresh Fruit Southern Butter Roll Milk	6 Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Assorted Fruit Fresh Fruit Cinnamon Roll Milk	7 <u>Brunch for Lunch</u> Pancakes Sausage Patty Tator Tots Fresh Baby Carrots Assorted Fruit Fresh Fruit Milk	8 Fried Catfish White Beans with Rice Caesar Salad Assorted Fruit Fresh Fruit Frenchbread Milk	9 Pizza Shepherd's Pie Roasted Broccoli Assorted Fruit Fresh Fruit Chilled Pineapples (Pre-K) Biscuit Brownie Milk
Tex-Mex Melt	Hot Ham & Cheese on Bun	Chicken Sandwich	Hamburger on Bun w/wo Cheese	Chicken Nuggets
12 Red Beans (Chicken Smackers for Pre-K only) Rice Chicken Smackers/Sausage Links Carrot Souffle Assorted Fruit Fresh Fruit Mandarin Oranges (Pre-K) Cornbread Milk	13 Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Assorted Fruit Fresh Fruit Chilled Pears (Pre-K) Cinnamon Roll Milk	14 Chicken & Sausage Gumbo Potato Salad Glazed Carrots Assorted Fruit Fresh Fruit Chilled Applesauce (Pre-K) Garlic Roll Milk	15 Shrimp Boil with Dutch Potatoes Corn on the Cob Assorted Fruit Fresh Fruit Chilled Pineapples (Pre-K) French Bread Milk	16 Lasagna Roasted Broccoli Assorted Fruit Fresh Fruit Chilled Peaches (Pre-K) Garlic Roll Cookie Milk
Sloppy Joe on Bun	Pizza	Hamburger on Bun w/wo Cheese	White Grilled Cheese Sandwich w/ Soup	General Tso Chicken Smackers
19 Chicken & Sausage Jambalaya (Oven Recipe) White Beans Brussel Sprouts Assorted Fruit Fresh Fruit Chilled Applesauce (Pre-K) Frenchbread Milk	20 Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Assorted Fruit Fresh Fruit Chilled Peaches (Pre-K) Cinnamon Roll Milk	21 Shrimp Pasta Carrot Souffle Seasoned Greenbeans Assorted Fruit Fresh Fruit Chilled Pears (Pre-K) Cornbread Milk	22 Chicken Parmesan Caesar Salad Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K) Garlic Roll Milk	23 Beef Stew Seasoned Greenpeas Roasted California Blend Assorted Fruit Fresh Fruit Chilled Pineapples (Pre-K) Southern Butter Roll Rice Krispie Treat Milk
Hamburger on Bun w/wo Cheese	Chicken Tenders	Loaded Nacho Supreme Bowl	Pizza	Chicken Sandwich
26 Sweet Baby Ray's Backyard BBQ Grilled Chicken Macaroni & Cheese Glazed Carrots Roasted Cauliflower Assorted Fruit Fresh Fruit Chilled Applesauce (Pre-K) Southern Butter Roll Milk	27 Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K) Cinnamon Roll Milk	28 Red or White Beans (Chicken Smackers for Pre-K only) Rice Chicken Smackers/Sausage Links Brussel Sprouts Assorted Fruit Fresh Fruit Chilled Pears (Pre-K) Cornbread Milk	29 Meatsauce & Spaghetti Creamed Spinach Assorted Fruit Fresh Fruit Chilled Pineapples (Pre-K) Garlic Roll Milk	30 Chicken & Sausage Gumbo Seasoned Greenbeans Potato Salad Assorted Fruit Fresh Fruit Chilled Peaches (Pre-K) Biscuit Cake Milk
Sloppy Joe	Yellow Grilled Cheese Sandwich	Hamburger on Bun w/wo Cheese	Yellow Rice w/ Green Milk Sauce	Pizza



# August 2019 Elementary Breakfast Cycle Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2 Beignets & Donuts <b>AND</b> Grill Cheese Triangle ( Pre-K) <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit Fresh Fruit Potato Rounds Tomato Juice Milk
5 Sausage Biscuit <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Pears (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk	6 Waffle w/ Sausage Patty <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Applesauce (Pre-K)</b> Fresh fruit Potato Rounds Tomato Juice Milk	7 Scrambled Eggs with Sausage Patty & Toast <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Pineapples (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk	8 Pancake Wrapped Sausage <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Peaches (Pre-K)</b> Fresh fruit Potato Rounds Tomato Juice Milk	9 Beignets & Donuts <b>AND</b> Grilled Cheese Triangle (Pre-K) <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Mandarin Oranges (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk
12 Chicken Biscuit <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Pears (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk	13 Pancakes w/ Sausage Patty <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Applesauce (Pre-K)</b> Fresh fruit Potato Rounds Tomato Juice Milk	14 Breakfast Pizza <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Pineapple (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk	15 French Toast w/ Sausage Patty <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Peaches (Pre-K)</b> Fresh fruit Potato Rounds Tomato Juice Milk	16 Beignets & Donuts <b>AND</b> Grill Cheese Triangle ( Pre-K) <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Mandarin Oranges (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk
19 Sausage Biscuit <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Pears (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk	20 Waffle w/ Sausage Patty <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Applesauce (Pre-K)</b> Fresh fruit Potato Rounds Tomato Juice Milk	21 Scrambled Eggs with Sausage Patty & Toast <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Pineapples (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk	22 Pancake Wrapped Sausage <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Peaches (Pre-K)</b> Fresh fruit Potato Rounds Tomato Juice Milk	23 Beignets & Donuts <b>AND</b> Grilled Cheese Triangle (Pre-K) <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Mandarin Oranges (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk
26 Chicken Biscuit <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Pears (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk	27 Pancakes w/ Sausage Patty <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Applesauce (Pre-K)</b> Fresh fruit Potato Rounds Tomato Juice Milk	28 Breakfast Pizza <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Pineapple (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk	29 French Toast w/ Sausage Patty <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Peaches (Pre-K)</b> Fresh fruit Potato Rounds Tomato Juice Milk	30 Beignets & Donuts <b>AND</b> Grill Cheese Triangle ( Pre-K) <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Mandarin Oranges (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk

