



January 2021 St. Bernadette Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
				  
4 Salisbury Steak Mashed Potatoes w/ Gravy Glazed Carrots Chilled Applesauce Southern Butter Roll Milk	5 Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Fresh Fruit Milk	6 <u>Brunch for Lunch</u> Chicken Tenders Waffles Tator Tots Grits AND Chilled Strawberries King Cake Milk  Three Kings Day	7 Chicken Smackers White Beans with Rice Mandarin Oranges Milk	8 Shepherd Pie Broccoli with Cheese Chilled Peaches Garlic Roll Brownie Milk
11 Red Beans (Chicken Smackers for Pre-K) Rice Chicken Smackers/Sausage Links Glazed Carrots Mandarin Oranges French Bread Milk	12 Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Fresh Fruit King Cake Milk	13 NEW Chicken & Broccoli Lo Mein with Noodles Seasoned Greenbeans Chilled Strawberries Milk  Nutrition Day: Limes	14 Turkey & Sausage Gumbo * Steamed Rice Potato Salad Carrot Souffle Chilled Pineapples French Bread Milk	15 Lasagna Steamed Broccoli Chilled Peaches Garlic Roll Cookie Milk
18 NO SCHOOL  MLK Day	19 Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Fresh Fruit King Cake Milk	20 Chicken Parmesan with Pasta Caesar Salad Chilled Strawberries Garlic Roll Milk	21 Loaded Nacho Supreme Bowl Shredded Lettuce & Tomatoes Golden Corn Chilled Pears Milk Chicken Nuggets FOR Pre K	22 Salisbury Steak Mashed Potatoes Carrot Souffle Chilled Pineapples Southern Butter Roll Rice Krispie Treat Milk
25 Sweet Baby Ray's BBO Grilled Chicken Macaroni & Cheese Glazed Carrots Fresh Fruit Chilled Applesauce (Pre-K & Sat) Milk	26 Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Fresh Fruit Chilled Mandarin Oranges King Cake Milk Pre-K Option Only Soft Beef Taco Bananas (Pre K) Fresh Fruit (Sat)	27 Red Beans (Chicken Smackers for Pre-K) Rice Chicken Smackers/Sausage Links Chilled Strawberries French Bread Milk The institution is an equal opportunity provider.	28 Meatsauce & Spaghetti Caesar Salad Fresh Fruit Chilled Pears Garlic Roll Milk	29 Chicken & Sausage Gumbo Steamed Greenbeans Potato Salad Rice Chilled Peaches Southern Butter Roll Cake Milk

